

## Cyclists prepare for Arkansas Heart Hospital's Annual Cardiac Classic bike ride

*Riders from Arkansas and surrounding states to attend*

**LITTLE ROCK, Ark.** (April 12, 2018) — In its seventh year, Arkansas Heart Hospital is gearing up for its annual spring bike ride. Participants will take off from Burns Park, rolling over Big Dam Bridge, Two Rivers Bridge and onward to Roland and Wye Mountain. Nearly 500 riders are expected from Arkansas, Oklahoma, Texas, Tennessee and Illinois.

The course is complete with flats, climbs and curves to challenge all skill levels. There are several distances riders can choose from: 20 miles, 35 miles, 50 miles or the 100k route. The course is an out and back.

Cardiac Classic begins at 8 a.m. on Saturday, April 21, 2018. Participants can register that morning beginning at 7 a.m. or by going to [www.arheart.com](http://www.arheart.com) and look under the events tab. Riders will be treated to a heart healthy meal prepared by Executive Chef Coby Smith upon returning to Burns Park.

Media is invited to attend for interviews with riders.

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### About Arkansas Heart Hospital

Arkansas Heart Hospital is a nationally recognized and award-winning hospital dedicated to the prevention, diagnosis and treatment of cardiovascular disease. Nominated for Best Small Hospital and awarded Best Hospital, Best Cardiologists, Best Nutritionist and Best Vein and Vascular Treatment; Arkansas Heart offers advanced technology teamed with Arkansas' leading cardiologists and cardiovascular surgeons. The hospital operates 30 clinics statewide, seven catheterization labs, three heart-operating suites and a 24-hour Heart Emergency Center. Arkansas Heart Hospital is a training center for physicians from all over the world.