

# THE WEIGHT IS OVER



**The Bariatric &  
Metabolic Institute**



At the Bariatric and Metabolic Institute at Arkansas Heart Hospital, our primary focus is to help patients reach their weight loss goals and regain their health. A nationally-recognized team of physicians, nurses, counselors and dietitians, our experts serve as lifelong partners in the journey to a longer, healthier life.

With minimally invasive surgeries, our laparoscopic approach allows patients to recover more quickly and return to normal life sooner.

- **Gastric bypass surgery** is considered the gold standard for weight loss surgery and usually results in 70-85% excess weight loss. The procedure entails a reduction in size of the stomach and bypassing a section of the intestines, which also leads to less absorption of fat and calories.
- **Gastric sleeve surgery** permanently removes approximately 75% of the stomach, leaving the patient with a tubular “sleeve” for a stomach. This causes the patient to feel full in a shorter amount of time and reduces the hormone that causes the feeling of hunger. Patients usually lose 60-70% of their excess weight.



**LOCATED AT ENCORE MEDICAL  
CENTER IN SALINE COUNTY.**

1901 Encore Way | Bryant, AR

**Phone:** (501) 219-7770

**Fax:** (501) 687-8460

## **IN ADDITION TO WEIGHT LOSS, BENEFITS OF BARIATRIC SURGERY INCLUDE:**

- Reduced risk of cardiovascular diseases, stroke and heart attack
- Resolve type 2 diabetes, high blood pressure and sleep apnea
- Extended life expectancy up to 10 years

## **QUALIFICATIONS:**

- Body mass index greater than 40
- Body mass index greater than 35 with comorbidities (such as type 2 diabetes)
- Body mass index greater than 30 may be eligible for self-pay surgery

All insurance providers have different requirements, but we have a dedicated team of patient liaisons to coordinate the approval process.

**To refer a patient, simply fax a demographic sheet along with the patient's last office visit.**



**FOR MORE INFO ON BARIATRIC SURGERY, SCAN  
THIS QR CODE OR VISIT [BMI.ARHEART.COM](http://BMI.ARHEART.COM).**

**ARKANSAS  
HEART  
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